

# INTERVENTIONAL NEURORADIOLOGY

Inova Fairfax Hospital  
3300 Gallows Road  
Falls Church, VA 22042

## **ANGIOGRAM INSTRUCTIONS**

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You will be contacted by a nurse 24 to 48 hours prior to your procedure to discuss your past medical history and all medications which you are currently taking.

Please inform us if you have an allergy to contrast, i.e., IVP dye.

***Do not eat or drink anything after midnight the day of the procedure!***

You may take your normal medications with small sips of water the morning of your procedure.

Please inform us prior to your procedure if you are taking any of the following medications: *Glucophage, Lovenox, Coumadin, Pradaxa* or any *blood thinners*.

If you are a diabetic and are taking *insulin*, please contact your doctor to discuss the proper dosage to take, since you will be without food or liquid after midnight the day of the procedure.

It is very important that you are without a cold, fever or infection in order to have the scheduled procedure.

After your angiogram you will be asked to lay flat for about 2-3 hours to protect the angiogram site. Your total length of time from when you check into radiology reception to when you are wheeled out of the hospital by wheelchair will be 5-7 hours. If family members come with you, we will, with your permission, discuss the results of the angiogram with you and your family member, as you will have had sedation and might not remember. They may wait in the atrium of the Women and Children's Building.

You will need to make arrangements for a **ride home** from the hospital, and **someone to be with you the night of your angiogram** in case your groin should bleed.

Upon discharge, you will be given written instructions on how to care for the groin site as well as any limitations which you should observe. We will ask you not to lift anything heavier than 10 lbs or do anything exertional for **one week** after your angiogram.

Please make us aware of any change in your condition prior to your arrival at Inova Fairfax Hospital. You may contact us at 703-776-3030. If it is an **emergency** and it is after office hours, call 703 776-3030, where the doctor on call will be contacted, or go to your nearest emergency room.

Thank you,

Laura Buhler, R.N.