



# ABUS

## AUTOMATED BREAST ULTRASOUND SCREENING

**HAVING DENSE BREASTS** can increase your risk of breast cancer. 4 out of 10 women have dense breasts. Are you one of these women?

### **WHAT** can ABUS do for women with dense breasts?

Dense breast tissue looks white on a mammogram – as do some signs of cancer. ABUS helps find hard to see cancers in dense breasts. ABUS can find more cancers in women with dense breasts compared with mammography alone.



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*Breast Imaging*  
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## **WHAT** makes breast tissue dense?

Breasts contain fibroglandular tissue which includes the glands involved in milk production and fatty tissue. Women whose breasts have more fibroglandular than fatty tissue – about 40% of all women – are said to have dense breasts.

## **HOW** do I know if I have dense breasts?

You cannot tell if your breasts are dense by the way they look or by the way they feel. The only way to find out if you have dense breasts is to have a mammogram. If your mammogram reveals you have dense breasts, Fairfax Radiology will report this information to you and your doctor.

## **I HAVE** dense breasts. Now what?

You should have a conversation with your doctor about your breast density and other factors that could affect your breast cancer risk. You and your doctor could then discuss the need for additional screening such as ABUS. For those women with a very high risk of breast cancer, screening breast MRI might be indicated. Both modalities help find those cancers that may not be seen on a mammogram.



**703.698.4488**

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